

2010 GUIDELINES - UNDER 10 & UNDER 11

There are some changes to Under 11's in 2010. Under 10's & Under 11's will play on Half Fields under the same format that the Under 10's played in 2009, playing competitively.

Summary of the Mode of competition for 2010

Age	No of players	Pitch size
6	4 (no goalkeeper)	30 x 20m (Half a mini approx)
7	4 (no goalkeeper)	30 x 20m (Half a mini approx)
8	7 (goalkeeper)	40 x 30m (Mini pitch approx)
9	7 (goalkeeper)	40 x 30m (Mini pitch approx)
10	9 (goalkeeper)	60 x 40m (Half pitch approx)
11	9 (goalkeeper)	60 x 40m (Half pitch approx)

MODE OF COMPETITION FOR 2010

The general Rules of the Association will apply regarding the number of teams per division; competition format; duration of competition; starting times of matches; points awarded; club championship; home teams; protests regarding matches; match forfeits; deferment of matches, because the Under 10's & Under 11's are played competitively; there will be no retaking of throw ins; all free kicks will be direct and penalties apply. The following has been included in the guidelines to further assist Clubs:-

1. FIELD SIZE:

Clubs should be working towards the following:

Half Field size: The field of play should be rectangular. The recommended field size is 60m x 40m. Internal markings are to consist of a penalty area measuring 16m x 8m and a halfway line or centre spot.

Goals: Min. 4.5m x 2m
 Max. 5m x 2m

2. BALL:

Under 10: Approved & licensed **size 4** ball shall be used.

Under 11: Approved & licensed **size 4** ball shall be used.

3. DURATION OF GAME:

Under 10: two periods of 25 minutes;

Under 11: two periods of 25 minutes;

There will be a 5 minute break between each half. The instructing referee will signal the start, halftime, restart and finish of all games.

4. NUMBER OF PLAYERS:

Under 10 9 v 9 (8 field players & a goalkeeper)

Under 11: 9 v 9 (8 field players & a goalkeeper);

5. SIZE OF PLAYING SQUAD:

Under 10 & Under 11: Squads shall consist of a minimum of 9 players and a maximum of 15 players. Where possible all players in attendance at a game shall receive equal playing time.

6. PLAYING RULES

All games shall be played under existing CDSFA Rules of Association for competitions. Normal FIFA rules apply (including direct free kicks and penalties) with the exception that there is no off-side. **As this is the second year of competitive Under 10's on a Half Field and first year of competitive Under 11s on a Half Field, all Clubs are expected to ensure parents & coaches encourage their children to enjoy the game of football and to improve their skills during the season. Winning at all costs should not be encouraged.**

Coaches should encourage players NOT to place themselves in an off side position, especially not near the opposition goal keeper.

Penalties shall be taken from the edge of the penalty area (8m from the goal line), opposite the centre of the goal. Other players (except the goal keeper) shall be outside of the penalty area and at least 5 metres behind where the penalty is taken; Goal kicks shall be taken from the edge of the penalty box;.

At kick-offs and free kicks opposing players shall be 5m from the ball;

7. REFEREEING:

1. the Referee's Association may appoint a referee to any match;
2. If there is no referee appointed both teams will agree on a person to act as an "instructing referee", however the home team is expected to provide an adequate person;

8. RESULTS:

All results are to be forwarded to the CDSFA within the normal timeframe.